THE TWELVE STEPS OF COCAINE ANONYMOUS

- 1. We admitted we were powerless over cocaine and all other mind-altering substances that our lives had become unmanageable.
- 2. Came to believe that a Power greater than ourselves could restore us to sanity.
- 3. Made a decision to turn our will and our lives over to the care of God, as we understood Him.
- 4. Made a searching and fearless moral inventory of ourselves.
- 5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
- 6. Were entirely ready to have God remove all these defects of character.
- 7. Humbly asked Him to remove our shortcomings.
- 8. Made a list of all persons we had harmed, and became willing to make amends to them all.
- 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. Continued to take personal inventory, and when we were wrong promptly admitted it.
- 11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Our Third Tradition

The only requirement for CA membership is a desire to stop using cocaine and all mind-altering substances.

Reach out and pick up the phone before you pick up...We are all here to help.

HOTLINE 505-359-8224

Phone Numbers

We're Here and We're Free



New Mexico Area Meeting Schedule

C.A.'s Twelve Steps are not drug specific, and Cocaine Anonymous is not a drug-specific fellowship. It doesn't matter to us if you drank or what type of drugs you used; if you have the desire to stop,

You are welcome here!

HOTLINE 1-505-359-8224

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Albuquerque	Friday	CA Twelve Traditions
Monday	TGIF	1. Our common welfare should come first; personal recovery depends upon C.A. unity.
Monday Madness	7:00 pm-8:00 pm	2. For our group purpose there is but one ultimate
6:00 pm –7:00 pm	EPC (Endorphin Power Co.)	authority — a loving God as He may express Him- self in our group conscience. Our leaders are but
EPC (Endorphin Power Co.)	509 Cardenas SE *T/D	trusted servants; they do not govern. 3. The only requirement for C.A. membership is a
509 Cardenas SE *T/D		desire to stop using cocaine and all other mind-
	Saturday	altering substances. 4. Each group should be autonomous except in
<u>Tuesday</u>	Saturday Night Live	matters affecting other groups or C.A. as a whole. 5. Each group has but one primary purpose — to
Out of Darkness	7:00 pm—8:00pm	carry its message to the addict who still suffers.
6:00 pm—7:00 pm	EPC (Endorphin Power Co	6. A C.A. group ought never endorse, finance, or lend the C.A. name to any related facility or out-
EPC Endorphin Power Co.) *T/D	509 Cardenas SE *T/D	side enterprise, lest problems of money, property and prestige divert us from our primary purpose.
509 Cardenas SE	,	7. Every C.A. group ought to be fully self-
Shivering Denizens (Book Study)	Sunday	supporting, declining outside contributions. 8. Cocaine Anonymous should remain forever
630 pm -7:30 pm	No One Left Behind	nonprofessional, but our service centers may employ special workers.
Heights Club *BB	2:00 pm -3:00pm	9. C.A., as such, ought never be organized; but we
8520 Marble NE	130 Girard Blvd NE *T/D	may create service boards or committees directly responsible to those they serve.
	Behind Taco Bell	10. Cocaine Anonymous has no opinion on outside issues; hence the C.A. name ought never be drawn
Wednesday		into public controversy.
New Awakenings	TAOS, NM	11. Our public relations policy is based on attraction rather than promotion; we need always main-
6:45pm-7:45pm	Saturday	tain personal anonymity at the level of press, radio, television and films.
400 Gold St SW, 12th Floor *T/D	Hopefiends	12. Anonymity is the spiritual foundation of all our
,	2:00 pm—3:00 pm	Traditions, ever reminding us to place principles before personalities.
Thursday	215 Pasea del Pueblo Norte *T/D	·
Cocaholics		** Meeting Codes
7:30 pm—8:30 pm		S– Speaker W– Women's Meeting
Heights Club		T-Topic SS- Step Study
8520 Marble NE *T/D	New Mexico Area Meeting every 1st Sunday	D-Discussion 12&12-Step Study
- <i>i</i> -	8520 Marble NE (Heights Club) 10:00am	BB- Big Book Study